

SPECIAL KARATE CLASSES

For Children 4-6 Years

New Classes Local To You



FREE FIRST LESSON

Call Now: 07866 374674 or 01462 734960

www.kstsk.co.uk



KAMAETE KUBS 4-6 YEARS

A fun and active class for boys and girls based on the principles and structure of Karate.

Kamaete Kubs will enjoy the energetic nature of Karate in a structured and safe environment. Along with the opportunity to make new friends, Karate also offers children the following benefits:

- **Boosts**
 - Confidence
 - Discipline
 - Control
 - Respect
- **Improves**
 - Flexibility
 - Strength
 - Agility
 - Co-ordination
 - Balance

An excellent and safe foundation for further tuition in Shotokan Karate.

Call now for details of training times and venues

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